



## COSTAL ROWING REGATTA INVITATION

**ALMA, QUEBEC**

**JULY 13, 2013**

To all Canada's rowing club,  
To all rowers;

It's with a great pleasure that the Alma Rowing Club, in partnership with the Festirame organisation, invite you to attend the 3rd Coastal Rowing Regatta which will take place in Alma, a city located two hours from Quebec City.

It's therefore on Saturday, 13 July, that will take place, in the Pointe-Taillon National Park, the coastal rowing regatta. This exceptional resort site is bordered by the « Véloroute des Bleuets », a bicycle trail, encircling the 256 km from Lac-Saint-Jean; you will be able to enjoy nautical activities in a warm water and a sandy beach.

All rowers of classic rowing will make it easier to use the coastal rowing boat, safely, and will be a lot of fun during this regatta. Therefore, « Euro Diffusion's » coastal rowing boats will be available for rent.



Festivalma Inc.

525 Sacré-Cœur O. Alma, QC G8B 1M4

Tél. : 418 662-4083 Téléc. : 418 662-0314

[www.festivalma.com](http://www.festivalma.com) [festivalma@cgocable.ca](mailto:festivalma@cgocable.ca)

The categories of boats include :

- Four with coxswain women (C4X+ W)
- Four with coxswain men (C4X+ M)
- Double couple women (C2X W)
- Double couple men (C2X M)
- Men solo (C1X M)
- Women solo (C1X W)

The number of departures, as well as the number of qualified vessels, will depend on the number of entries.

The 8 Km course of the regatta, this inland sea, has changed this year. The traditional triangle is now in the form of "M". This new route meets national and international standards and gives a great new view of it. Also, this year, the race start and finish line will be on the beach, which will not fail to add to the sporting spectacle.



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Register now to this regatta in solo, double or four rowers with Cox. This competition will be without a doubt, a great opportunity to learn about the coastal rowing, on exceptional water. An amazing experience, in enchanting scenery awaits you.



The preliminary program will soon be posted on our website ([www.festirame.com](http://www.festirame.com)). The first race is scheduled at 8:30. The pre-competition for participants meeting will take place on Friday, July 12 at 7:45 pm. The date registration deadline is July 10. Late registrations will be billed additional charges.

It is largely thanks to the collaboration of Guylaine Bernier, leader for coastal rowing in Quebec, who will volunteer to once again, as Chief umpire, that the regatta meets by Rowing Canada Aviron as well as the International Rowing Federation (FISA). What we also intend to ask FISA to integrate this regatta to their international regattas' calendar, the next few years.

We invite you to participate in the regional Festival of Festirame, which will be held from 6 to 14 of July, 2013. We will give you the necessary access to live this family, cultural and sporting event.

The Alma rowing club invites you to participate in this regatta. Many accommodation and transport between the Alma and the competition site are provided for participants. For more information on the types of accommodation available, we invite you to visit the tourism Alma-Lac-Saint-Jean website at [www.tourismealma.com](http://www.tourismealma.com)

About the Pointe-Taillon national park:

The Point-Taillon national park is located on the outskirts of lac-Saint-Jean, a huge body of water close to 1100 km<sup>2</sup>. For its part, the site includes 92 km<sup>2</sup> and includes a sandy plain. It's on this ideal relief that the departures of the regatta will be held. It also to be noted that this park

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offers an array of activities for the whole family (kayak, bicycle, canoe, etc), as well as services of accommodation (camping, tent uttopia and cottages). In addition, bathers will be charmed by the majestic Saint-Jean lake warm water. Outdoor lovers will not have enough one day to enjoy all these pleasures. ([www.sepaq.com/pa/pta](http://www.sepaq.com/pa/pta))

Yours,

Michel Tremblay

President of the Alma Rowing Club

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